

## ProBeWo

ProBeWo is a partnership project between Remberg School (special school for children with learning and mental development difficulties) in Mülheim an der Ruhr and Lebenshilfe Mülheim as the sponsor. The designation ProBeWo consists of the terms Probe (trial) and Betreutes Wohnen (assisted living). The objective of this project is to familiarise young people with mental disabilities and their relatives with the possibility of an independent living with ambulant assistance.

## KoKoBe

KoKoBe - Koordinierungs-, Kontakt- und Beratungsstelle (Coordination-, Contact- and Information-Centre) is a cooperation between Lebenshilfe Mülheim and the Theodor Fliedner Foundation. Besides leisure time activities for people with mental disabilities and support for the implementation of their own leisure time, KoKoBe also offers help by questions regarding living as well as support for the help-plan procedure.

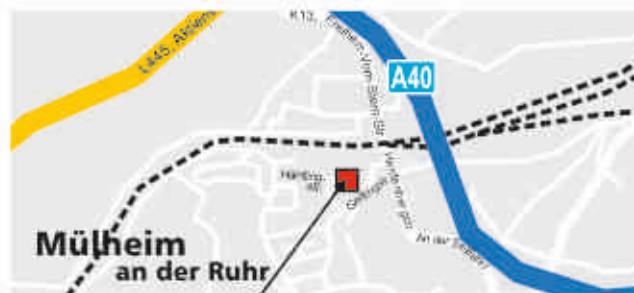
**Please contact us!**  
**Gladly we advise you during a personal conversation!**

**Contact / Ambulant Assisted Living, ProBeWo, KoKoBe**

Tel.: 0208 / 40 99 58-83  
E-Mail: [auw@lebenshilfe-muelheim.de](mailto:auw@lebenshilfe-muelheim.de)

## Our Offers

- Assistance Service
- Ambulant Flexible Family Assistance
- Coordination for Volunteers
- Leisure Time and Education
- Travelling
- Sport
- Housing
- Ambulant Care
- Intercultural Information Centre



Lebenshilfe e. V.,  
Ortsvereinigung Mülheim an der Ruhr

## Geschäftsstelle

Hänflingstraße 23  
45472 Mülheim an der Ruhr  
Tel.: 0208 / 40 99 58-0  
Fax: 0208 / 40 99 58-9  
E-Mail: [LH-MH@lebenshilfe-muelheim.de](mailto:LH-MH@lebenshilfe-muelheim.de)  
[www.lebenshilfe-muelheim.de](http://www.lebenshilfe-muelheim.de)



Bank Connection: Sparkasse Mülheim an der Ruhr  
BIC: SPMHDE33EXXX  
IBAN: DE49 3625 0000 0300 0603 74



**Lebenshilfe**  
Mülheim an der Ruhr

**HOUSING**



[www.lebenshilfe-muelheim.de](http://www.lebenshilfe-muelheim.de)

## Housing

Lebenshilfe Mülheim offers different habitation forms:

- Ambulant Assisted Living
- Viererbande
- Residence „Haus am Springweg“
- ProBeWo

## Additional Services

- KoKoBe 

## Ambulant Assisted Living

...is an offer for people with mental disabilities, who don't live in asylum or at home with their parents, but they want to live in their own accommodation where they can get assistance by the hour.

The available options are:

- single living
- pair living
- small shared accommodation

The main purpose of our work is to empower people with disabilities to an independent and self-determined lifestyle.

Our assistance service is wide and will be individually coordinated.

- life practical skills like nursing, household, alimentation, financial and bureaucratic matters
- social and communicative skills like leisure time planning, cultural techniques, communication
- particular assistance needs like health care, orientation skills, dealing with the own disability, social expertise
- assistance in the working field, contact person for the employer, finding training opportunities

## Viererbande

In the beginning, four young adults with disabilities had the request to move out of their parents house. All four needed assistance, instructions and direct approach in all parts of their daily lives.

As a result the special living project "Viererbande" (Group of Four) from Lebenshilfe Mülheim was built within the personal budget.



## Residence



Lebenshilfe Mülheim offers a special residence the so called „Haus am Springweg“.

„Haus am Springweg“ has 34 places for people with disabilities. The inhabitants live together in three residence groups, in single rooms on three floors sited.

Individual support and assistance, encouragement for personality development, self-determination, security and protection is ensured by our qualified staff.

The residence wants to offer a home for the inhabitants and to organize it in a way that all of them feel well.

## Please visit us!

### ➔ Contact / Residence

Residence „Haus am Springweg“  
Springweg 12, 45473 Mülheim an der Ruhr  
Tel.: 0208 / 740 77-0  
E-Mail: [wohnstaette@lebenshilfe-muelheim.de](mailto:wohnstaette@lebenshilfe-muelheim.de)